

Goalkeeper Evaluation

Here are some suggested topics you can use to evaluate your keeper(s). Arranged in the form of a table and rate the goalkeepers strength from one to five in each category. Rate at least every six months and discuss each evaluation with the goalkeeper. Point out areas of strength and weaknesses and use the rating as a motivational tool. When you see "he", read "he/she". This page has been formatted to facilitate printing

Technical Abilities

Hands	<i>"Soft" hands, catches ball securely, first time</i>						
High Balls	<i>Handling of high front on balls, timing.</i>						
Low Balls	<i>Low rolling, skipping or bouncing balls.</i>						
Diving	<i>Rate ability to both sides. Most keepers dive better to one side than to the other.</i>						
Right							
Left							
Positioning/Angle	<i>Positions correctly, knows how to narrow angle</i>						
Crosses	<i>Preperation, timing, judgement</i>						
Punching	<i>Knowing when to punch instead of catch</i>						

Distribution

Throwing	<i>Strength, distance, accuracy</i>						
Punt	<i>Same</i>						
Dropkick	<i>Same</i>						
Timing	<i>When, where, choices</i>						
Safety	<i>Thinks safety first, then attack</i>						

Psychological Skills

Teammate	<i>Encourages team goals and policies.</i>						
Support	<i>Mental and physical support of teammates.</i>						
Cheerleader	<i>Encourages team and each</i>						

	<i>player.</i>						
Lead by example	<i>Works as hard or harder than any other player.</i>						

Physical Abilities

Balance	<i>Goalkeepers must have good balance</i>						
Speed	<i>Speed over 5 yards and 20 yards.</i>						
Reaction	<i>Quick reactions.</i>						
Strength	<i>Upper body and leg strength.</i>						

Tactical Knowledge

Reads the game	<i>Has good knowledge of game</i>						
Comes off line	<i>Depending on age, must dominate goal area.</i>						
Judgement	<i>Knowing when to do what.</i>						
Organization of defense	<i>Know how to organize his defense</i>						
Communication with players	<i>Gives good instructions to players Not the same as chatter</i>						

Intangibles

Courage	<i>Functioning despite fear. Not fearlessness.</i>						
Mental Toughness	<i>Thinking and performing under pressure.</i>						
Coachability	<i>Listening to and following coach's direction.</i>						
Heart	<i>Giving your best effort despite skill.</i>						
Attitude	<i>Confident and realistic, cheerfull.</i>						